

Swim Lesson Level Assessment Questionnaire

Name of swimmer: _____

This questionnaire ensures that your child is placed into a level that best suits their needs.

NOTE: Read thoroughly, and be as honest as possible. Please fill out this form ONLY if you are unsure of your child's Lifesaving Society swimming level.

How old is your child?

- Under 3
- 3-5
- 6-10
- 11-15
- 16+

What is the goal for your swimmer in this program?

- Increase comfort level in the water
- Learn basic safety skills in and around the water
- Learn to swim
- Increase swim skill level
- Other: _____

**Please keep in mind it may take multiple sessions to achieve any of these goals. Some swimmers may develop skills quickly while others may take more time. **

Has your child taken swimming lessons in the past?

- Yes - If yes, please indicate below if they were private or group.
- No
- _____

Does your child have any swimming experience?

- Yes, they are very confident in shallow and deep water.
- Yes, only in shallow water.
- Yes, only with a pdf (lifejacket)
- No, this will be the first time.

What is the swimmer's current comfort level in the water?

- Nervous or fearful of water
- Comfortable with body in the water but not face
- Comfortable
- Extremely Comfortable, may not recognize dangerous situations

Can they float on their back?

- Yes, independently.
- Yes (with assistance)
- Only with a pdf (lifejacket)

- No, not at all.

Please check any current skills your swimmer has:

<input type="checkbox"/> Enter and exit shallow water unassisted.	<input type="checkbox"/> Communicate with the instructor.	<input type="checkbox"/> Back Crawl
<input type="checkbox"/> Blow Bubbles.	<input type="checkbox"/> Front and back float assisted.	<input type="checkbox"/> Whip Kick
<input type="checkbox"/> Put the entire face in water.	<input type="checkbox"/> Front and back float unassisted.	<input type="checkbox"/> Eggbeater
<input type="checkbox"/> Jump in water, assisted by instructor	<input type="checkbox"/> Tread water, unassisted	<input type="checkbox"/>
<input type="checkbox"/> Jump in shallow water unassisted	<input type="checkbox"/> Flutter kick assisted	<input type="checkbox"/>
<input type="checkbox"/> Jump in deep water unassisted	<input type="checkbox"/> Flutter kick unassisted	<input type="checkbox"/>
<input type="checkbox"/> Submerge the whole head.	<input type="checkbox"/> Front crawl	<input type="checkbox"/>

Any information you think we should know about your swimmer, to ensure our lifeguards can help them learn safely and effectively. (E.g. they have had difficulties with swimming lessons in the past, they are very shy, etc.)

Thank you,

-The Lucan Pool staff